

Thematic plan of lectures
For " OUTPATIENT THERAPY " discipline
For the 4th year STUDENTS

Approved at a meeting of the Department of Outpatient Therapy and General Medical Practice with a course Faculty of Advanced Training and Retraining
(protocol OT of 01/15/2026 No.10)

1. Preventive work of a general practitioner.

1) Prevention: concept, types. Main sections of preventive work. Concept of health, healthy lifestyle and its criteria. Sufficient physical activity and rational nutrition as the basis of a healthy lifestyle.

2) Risk factors for non-communicable diseases. Absolute and relative cardiovascular risk. SCORE, SCORE2 scale. Conducting motivational preventive counseling.

2. Preventive work of a general practitioner. Palliative medical care of a general practitioner.

1) The concept of medical examination as the main method of preventive work.

2) Provision of palliative medical care by a general practitioner in accordance with the current regulatory documents of the Ministry of Health of the Republic of Belarus.

3. Provision of emergency medical care on an outpatient basis.

1) The concept of emergency medical care. Features of emergency medical care at a clinic and at home. Medical tactics in emergency situations. Indications and procedure for referral to a hospital.

2) Emergency medical care for hyperthermic febrile reaction;

3) Emergency medical care for an attack of bronchial asthma;

4) Emergency medical care for an attack of cardiac asthma and pulmonary edema;

5) Emergency medical care for an attack of angina and acute coronary syndrome;

6) Emergency medical care for acute arrhythmias (paroxysm of supraventricular and ventricular tachycardia, paroxysm of atrial fibrillation, Morgagni-Adams-Stokes attack);

7) Emergency medical care for hypertensive crisis;

8) Emergency medical care for "acute abdomen";

9) First aid for gastrointestinal bleeding;

10) First aid for hepatic and renal colic.