

Clinical psychology

Workshop topics for five-year students

1. Clinical psychology as a science. The subject and objectives, relationship with other disciplines. The role of knowledge in the work of a doctor. The definition "norm" in psychology. Indicators of mental health. Signs of mental health. Methods in Clinical Psychology: Clinical and Experimental. Communication in the medical environment. Types of communication: role-based, friendly, formal. Communication distances, the real role of the environment. Types of medical communication skills: basic, transmission of bad news, the psychological preparations for painful procedures, communication with anxiety, crying, uncooperative patients. Models of doctor-patient relationship: authoritarian, cooperation. The definition of terms of "acceptance", "empathy", "authenticity", "congruence". The definition of terms psychological assistance and counseling, differences from the medical communication. The concept of compliance.

2. Internal picture of illness (IPI). The structure of the IPI: sensory, emotional, rational, behavioral. Factors influencing the formation of the IPI. Age features IPI. Psychological characteristics of patients with various diseases. Features of emotional syndromes with somatic diseases.

3. Neurosis stages of forming. Factors influencing the formation of personality. Features family systems functional and dysfunctional type. Types of parenting. The influence parenting on the character and psychological stability. The concept of psychological defense mechanisms: repression, projection, substitution, somatization, amnesia, the formation of the jet formation. Neurosis. The concept of psychological stress, adaptation and maladjustment. The concept of somatization of psychological problems, psychological features of a depressive syndrome. Alexithymia. Mechanisms of stress-related disorders. The concept of "extreme events" and post-traumatic disorders, especially post-traumatic stress syndrome in people who took part in the hostilities

4. The concept of personality, structure formation. Accentuation of personality. Clinic mature personality disorders: paranoid, schizoid, anankastic, hysterical, and disturbing others. The role of the social environment. The weakness of the intellectual control emotional and volitional

5. Suicidology. The notion of a suicidal crisis, its causes symptoms and types. Forms autoaggressive behavior (suicide and self-harm). Methods of self-harm. Types of suicidal behavior (protest, egoistic, altruistic). Diagnosis of suicide risk, intentions. Methods for resolution of crisis situations (coping strategies, coping strategies).

Chair of the Department
PhD, Associate Professor

N.N. Usova