

THEMATIC PLAN OF LECTURES
in the discipline "OUTPATIENT THERAPY"
for 4th year students of the Faculty of International Students

The thematic plan was approved at a meeting of the Department of Outpatient Therapy and General Medical Practice (Protocol No. 10 of 08/31/2023)

1. Preventive work of a general practitioner

Prevention: concept, types. Main sections of preventive work. The concept of health, a healthy lifestyle and its criteria. Sufficient physical activity and balanced nutrition are the basis of a healthy lifestyle. Risk factors for non-communicable diseases. Absolute and relative cardiovascular risk. SCORE scale, SCORE2. Conducting motivational preventive counseling.

2. Preventive work of a general practitioner

The concept of medical examination as the main method of preventive work. Methodology for medical examination of the population. Preventive examinations of the population, their types. Dispensary observation groups (health groups). Organization of clinical examination of patients with therapeutic diseases. Analysis of the quality and effectiveness of clinical examination.

3. Providing emergency medical care on an outpatient basis

Features of emergency medical care at the clinic and at home. Medical tactics in emergency conditions. Indications and procedure for referral to a hospital organization.

Emergency medical care for a hyperthermic febrile reaction, for an attack of bronchial asthma, for an attack of cardiac asthma and pulmonary edema, for an anginal attack and acute coronary syndrome, for acute arrhythmias (paroxysm of supraventricular and ventricular tachycardia, paroxysm of atrial fibrillation, Morgagni–Edams–Stokes attack), with hypertensive crisis, with “acute abdomen”, with gastrointestinal bleeding, with hepatic and renal colic.